



CHIANG MAI INTERNATIONAL SCHOOL

# CMIS Weekly Newsletter

## CMIS NEWS

### This Week at a Glance:

#### Saturday, November 5

- U20 Football extravaganza @ PTIS

#### Monday, Nov. 7

- No Scheduled Events

#### Tuesday, Nov. 8

- CrossFit Fundraiser @ 3 p.m. in support of Hadley Stevenson
- Prayer meeting in the upstairs conference room @ 1:30 p.m.

#### Wednesday, Nov. 9

- Exchange Day: Friday Schedule on Wednesday
- Parent Workshop @ 7:00 p.m.
- U11 & U13 mini-tournaments @ PTIS

#### Thursday, Nov. 10

- Bake Sale sponsored by StuCo at morning recess and lunch
- U20 Boys' & U16 Girls' vs. APIS @ CMIS

#### Friday, Nov. 11

- **No Classes:** Teacher Professional Development Day

### Cafeteria Note:

Please follow this link to the elementary lunch program menu for this week:

[Set Lunch Menu](#)

Also, check out the [daily menu](#) for Nov. 7 thru 11, 2011

For more information about CMIS, please see the school website at <http://cmis.ac.th/>

**Welcome back!** We trust you and your family had a restful and restorative break. We have a busy couple of months ahead of us so we'll all need lots of energy for what lies ahead.

We are proud to welcome Pitak Potong as our new director. Pitak has been with the school for a number of years in the front office. He has a master's degree in educational administration from CMU and will be working a lot with government agencies and the CCT.

The U20 Boys soccer team had a great experience on the first ever international trip for a CMIS team. They played in the Five Nations Cup in Taipei, Taiwan and represented CMIS well. They played competitively and were praised for their sportsmanship on the field and friendliness off the field. A special thanks to our major sponsors: DHL and CMIS parent Thomas Tieber, and Siam Commercial Bank for helping make the trip possible.

There will be a book fair at PRC this Friday afternoon at the new Harris Institute. CMIS parents and children are invited to attend. I'm told there will be books in Thai and English.

Thank you for your generous contributions to flood relief efforts. A total of 45,373 baht was raised and will be given to the CCT to assist in flood relief efforts. Our prayers continue to go out to the many people directly affected by the flooding.

Next Wednesday, November 9, we will have a Friday schedule. **On Friday, Nov. 11, school will be closed** for a Chiang Mai-wide professional development day for all international school teachers.

We have new a new library computer system! Check it out online at <http://library.cmis.ac.th>. Using your child's ID number, you can see what books are checked out, request books, scan the card catalog, and more. Thanks to Brad Shank, Khun Yo, Ruth Erickson, and Sandra Saowapon for their hard work getting this system up and running.

PTIS recently held its annual College and Career Day. We were proud to have two parents present to students about their careers: Ken Ohashi, who worked for the World Bank, and Michael Shortland, who had a career as a professor. Thanks for your willingness to contribute, not only to CMIS, but also to the greater community.

Soccer is underway at all levels. Come watch a game when you have a chance. Keep an eye on the Athletics calendar for times and locations.



## Elementary School News

### Be Strong and Courageous!

Well, this is a new month and another new virtue to emphasize. For the month of November, we will be sharing about the virtue of **Courage**.



Are you courageous? How do you know this? What does a person of courage do? When do they do it? How will you act in certain situations if you are courageous? Does being a person of courage mean "I let others dare me to do things I know I should not do?" All of these questions will be answered over the next few weeks in this column.



"Let's start at the very beginning.... a very good place to start...." I checked online to see what the definition of courage was. Here is what one site had to say: *Courage means strength of mind to carry on in spite of danger or difficulty.*

What does that mean to you?

Would you say it means "doing the right thing, even when you feel like doing something else?" Hold on, we talked about that before, didn't we?

Yes - being a person of virtues means that no matter what is happening, no matter what someone tells us to do / not do, no matter if we did something wrong in the past, no matter if we want to stop doing what is right, - we keep on doing the right thing.

Living out this virtue is easy to explain, just do the right thing because it is the right thing to do! That says it all! Easy to say, but not so easy to do every day. You can get better at it, though, just like you are getting better at doing those math facts or learning your spelling words or reading fluently. Little by little each day we make good choices; the right choices, and we become a stronger person, a person of courage.

Another definition said: "*(Courage) suggests a quality of temperament enabling one to hold one's own or keep up one's morale when opposed or threatened*". Okay now this is getting me somewhere, you say. It suggests that I need to have a temperament (personality or attitude) that will allow me to do the right thing even when someone tries to influence me not to! Wow!



It means we have to be strong (courageous) in knowing what needs to be done and brave (courageous) enough to do it even if others try to make fun of us for doing the right thing. Courage means I do not let others make me change my mind and do not

do something that will hurt, exclude, or tease. I am the captain of my own ship - other than the head captains - my parents, grandparents, teachers, church leaders, etc. - I decide to be a person who shows courage to myself and others. I will not be easily swayed because someone thinks I

should not be kind, not invite someone to play with us, not share, not sit with, or any other "not". They are not in charge of how I act. I am!

*I am a person of courage; I have the strength to carry on. I am able to be strong and stick up for what I know is right and do it! I am a person who shows the virtue of **COURAGE!***

— Barbara Burleigh, Elementary Vice-Principal ([elementary](#))

~ To educate a person in mind and not in morals is to educate a menace to society. ~ Theodore Roosevelt



### For The Love Basketball International

#### GYM RATS @ CMIS

The *For the love*, "Gym Rats" skill development training is coming to CMIS.

Designed for the serious athlete and open to all schools, Gym Rats is a two hour session of intense individualized basketball training. Our experienced coaching staff will develop each student-athlete through fun and challenging drills as well as live game situations. Participants will work hard!

**2,500 Baht**

Boys & Girls | Ages 13 and Up

Saturdays 10 a.m. to 12 noon @ CMIS

• November 12, 19, & 26

• December 10 & 17

**Get Registered Today!**

### The 30th Harris Mini Marathon



P.R.C. invited CMIS to participate in the 30th Harris Mini Marathon on **November 12, 2011 starting @ 6 a.m.** The starting and finishing points are in front of P.R.C Gymnasium 2000 building. The tickets are available for 10 adults and 40 children. If you are

interested in participating, please come to the school office and pick up a free registration form.

## Community Interests



**LIBRARY NEWS:** This quarter, the Library has switched to a new online, automated program called **Koha**. This means that you will now be able to access the library catalog, as well as your account, from home or any computer connected to the internet. To access this new system, simply go to the CMIS web-site and click on the Library link at the top of the page (<http://library.cmis.ac.th>).


By using **Koha**, you will be able to check on what books you have out and when they're due, renew books that you need to keep longer, or place holds on things you want to check out. You will also be able to search the Library catalog to see what is available in the library and make recommendations for new purchases.

All students automatically have an account in this new system using their library / student ID number. How do you know your library number? It's on your CMIS ID card. Students in Grades 1 through 8 will be trained in how to use the new system and access it from home. Parents wanting to use the library need to come in and be assigned a new library number and an official CMIS library card. They will then be able to access the system from home for themselves.

Once the old system is phased out and everything has come back that was checked out using that system, we will no longer send out paper overdue / fine notices. Instead, parents will receive an e-mail about what books are overdue. For high school students (Grades 9 to 12), the e-mail will go to their personal school e-mail instead of to the parents. If anyone has questions or would like to see the system demonstrated, feel free to drop by the library between 7:30 and 8:30 in the morning. At the end of the school day is not a good time, as the librarian is busy teaching or helping students use the system. We hope you enjoy the increased capabilities of this new system and the wider access it grants.

— Ruth Erickson, Librarian ([library](#))

### Parenting Seminar sponsored by PTIS:



**Parenting with the Brain in Mind:  
Raising great families**

A free public seminar presented by  
John Joseph MEd, BEd, Dip Teaching


Kantary Hills Hotel Chiang Mai  
**7.00 pm Monday 14 November**

John Joseph is an internationally-acclaimed speaker and writer. The seminar will outline strategies for raising great families and giving parents an understanding of what schools are seeking to achieve with their children.

www.mindwebs.com

For further information or to reserve your place please call Chris Hall on 080 792 9925 or email enquiry@threegeneration.org

www.threegeneration.org



#### Dear Parents,

You are invited to an amazing event that will improve your parental knowledge and skills. **PTIS is hosting a Special Parent Seminar at the Kantary Hills Hotel (on Nimmenhaemin)** in Chiang Mai to help you become better parents. You won't want to miss:

#### **Parenting with the Brain in Mind - Raising great families**

**Synopsis:** Parents are crucial partners in the learning process because they are children's first and most important teachers. 'Parenting with the Brain in Mind' is designed to achieve three broad goals: **1)** Provide parents with an understanding of what the school is seeking to achieve with their children. **2)** Give practical strategies for supporting children's academic learning and emotional development at home. **3)** Describe the conditions necessary to raise great families.

#### The seminar content will include:

- The Four World Model – creating the conditions for harmonious families
- Weighted Elements: how to support your child to engage with school
- Allostasis – managing family stress
- Motivation and Confidence – developing “I can do it” concepts with your children
- The power of the positive thinking – all brains can learn!
- Brain Care – the critical role of sleep in learning and behavior, the effect of substance abuse on the young brain
- Emotional Intelligence – exploring the role of emotions in learning and relationships
- Learning Styles – assessing each child's strengths and career interests
- Conversations with our kids – using questions to engage our kids in conversation

John Joseph has written a best-selling full-color book titled *Brainy Parents - Brainy Kids* and also produced a brilliant DVD featuring him live for 90 minutes at a Parenting seminar in Sydney. Great additions to your library!

**Please mark this date in your calendar as an important event, and please be sure to RSVP to [enquiry@threegeneration.org](mailto:enquiry@threegeneration.org).** We look forward to seeing you at Kantary Hills Hotel in Chiang Mai on **14 Nov at 7 p.m.**

— Maxine Driscoll, Head of School, PTIS International School, [www.threegeneration.org](http://www.threegeneration.org)



## CHIANG MAI INTERNATIONAL SCHOOL

13 Chetupon Road  
P.O. Box 38  
Chiang Mai, Thailand  
50000

Tel: (053) 306-152, 242-027,  
306-153, 306-234  
Fax: (053) 242-455  
E-mail: info@cmis.ac.th

*“Educational excellence in  
a caring community  
committed to Christian  
values, equipping  
international students for  
lives of learning and  
positive contributions  
locally and globally.”*

### Upcoming Events:

- **Nov. 12:** Campus Closed for Pesticide Spraying
- Dream Visual Arts Show @ San Dee Gallery featuring CMIS student work
- **Nov. 15:** Elementary PTG meeting from 8 to 9:30 a.m. with coffee and snacks @ 7:45
- **Nov. 17, 18 & 19:** The CMIS Drama Dept. presents *The Miracle Worker* @ 7 p.m. in the CMIS auditorium
- AP Art Overnight field trip
- **Nov. 19:** Matinee showing of *The Miracle Worker* @ 2 p.m. in the CMIS auditorium

We're on the web:  
[www.cmis.ac.th](http://www.cmis.ac.th)

## Angel Tree



**Angel Tree:** The Christmas Holiday season is traditionally a time of gift giving. The Angel Tree is a Christmas tree, set up in front of the school office, which is decorated with paper angel ornaments. Each ornament represents a specific needy child in Buriram province whose name and details are listed on the back of the card. This year, our tree is decorated with cards representing 90 young “angels”, ranging from 2 to 15 years in age. You can share your love and concern by selecting an ornament, purchasing and wrapping a gift, and then attaching the ornament to the outside of the package. Recommended items include school bags, shoes, toys, clothing, and other age-appropriate gifts.

The last day to receive your gifts is December 2, at which time the sponsoring organization will come and collect the gifts to distribute them to that special angel in time for Christmas. Please be sure to fill out your name and the details of your card on the clipboard next to the Angel Tree when you select a card. Also, please bring the wrapped gift back to the school office in time to be included in the early Dec. pick-up. Thank you for your support and participation.

### Treasured Memories: Old Yearbooks Available



Dear CMIS Community,

We have recently come across some amazing “treasures” stacked away in a supply room. **We have copies of old CMIS yearbooks in mint condition, available for only 50 baht each.** If you previously attended CMIS, or if you are now a student and would like to see the yearbook with a picture of your “younger self”, please stop by the Finance Office and see what we have available. Even if you were not a part of CMIS in “those days”, you will enjoy seeing some familiar faces, changing fashions, and amazing hair styles. You might even recognize some of your teachers when they were students!

**We have copies of the yearbooks from the following years:**

- 1981-82      1987-88      1988-89      1989-90      1993-94
- 1996-97      1997-98      1998-99      2000-01

A limited number of copies are available, so please purchase your copy as soon as possible. Thank you,

— Raymond Whitney, Admissions and Public Relations (info@cmis.ac.th)